

Lunch Menu 午餐菜单

Light Bites 开胃菜

Salt and chili squid 盐椒辣鱿鱼 <i>Lime aioli</i> 青柠, 蒜泥蛋黄酱	16
Chicken wings 3 ways 3种鸡翅烹饪法 <i>BBQ sauce, Thai chili and lemongrass, Ginger, soy, sesame</i> 可选烧烤调味汁, 泰式辣椒和柠檬草, 生姜, 酱油, 芝麻	14
Teriyaki beef skewers 日式烤牛肉串 <i>Asian slaw</i> 亚洲沙拉	15
Gazpacho 西班牙凉菜 <i>Goats cheese and tomato bruschetta, basil pesto</i> 山羊乳酪, 意大利烤面包片(含西红柿), 罗勒青蒜酱	12
Thai crab cakes 泰式蟹饼 <i>Green mango salad</i> 青芒果沙拉	14
Coconut shrimp tempura 椰味炸虾天妇罗 <i>Chili dipping sauce</i> 辣味蘸酱	16
Chicken satay 沙嗲鸡肉 <i>Peanut dressing, Asian slaw</i> 花生酱, 亚洲沙拉	12
Vegetable spring rolls 蔬菜春卷 <i>Sweet chili sauce</i> 酸辣酱	10
Hot Garlic Ciabatta 热大蒜意大利语 白面包 <i>Melted Mozzarella cheese, herb salsa and roast garlic</i> 马苏里拉奶酪, 香草莎莎和烤大蒜	12

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Soups 汤类

- Thai coconut broth 泰式椰奶汤** 16
With Reef fish
配深海鱼
- Trio of Chilled Gazpacho 西班牙凉菜** 16
Watermelon / Asparagus and avocado / Mango
西瓜、芦笋和牛油果，芒果

Salads 沙拉类

- Watermelon feta 西瓜菲达奶酪** 24
Pomegranate, mint, olive, rocket
石榴，薄荷，橄榄，芝麻菜
- Tomato, mozzarella and prosciutto 西红柿，意大利白干酪和意大利火腿（薄片）** 28
Basil pesto and balsamic dressing
搭配罗勒青蒜酱和香醋
- Shrimp and pomelo salad 虾和柚子沙拉** 26
With lime, chili, peanuts and coriander
搭配青柠，辣椒，花生和香菜
- Chicken Caesar Salad 鸡肉凯撒沙拉** 24
Smoked bacon, soft boiled egg, croutons, Grana Padano
烟熏培根，溏心蛋，油炸面包丁，哥瑞纳帕达诺奶酪
- Konotta Healthy Salad 岛上特制绿色沙拉** 22
Quinoa, spinach, watercress, asparagus, carrot, chickpea, avocado and pomegranate with lemon and herb dressing
藜麦，菠菜，西洋菜，芦笋，胡萝卜，鹰嘴豆，牛油果，石榴，搭配柠檬香草调味汁
- Roast butternut Squash 烤冬南瓜** 26
Goats cheese and fennel, rocket, beetroot puree
山羊乳酪，茴香，芝麻菜，甜菜根

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Prices are in US dollars. All price are subject to 10% service charge and 12% government taxes

Wraps and baps 汉堡点心类

All served warm, with French fries and Asian slaw 全部都是热食，而且都搭配薯条和亚洲沙拉

Konotta Angus beef burger 岛上特制安格斯牛肉汉堡 **30**

Smoked bacon, gruyere cheese, caramelized onion, fried egg

烟熏培根，格里尔干酪，洋葱，煎蛋

Trio of mini burgers 3种口味迷你型汉堡 **28**

Angus Beef, Moroccan Lamb and Chicken fillet

安格斯牛肉，摩洛哥羊肉，鸡肉片

Warm Focaccia 热香草橄榄油面包 **24**

Roasted Mediterranean vegetables, fresh mozzarella, pesto, rocket

烤地中海蔬菜，新鲜意大利白干酪，青蒜酱

Ciabattas 意式面包

Rump steak ciabatta 尾龙扒意式面包（牛臀部） **32**

Onion jam, smoked bacon, mozzarella, garlic mayonnaise

洋葱酱，烟熏培根，意大利白干酪，大蒜蛋黄奶酱

Tuna 金枪鱼 **26**

Cheese and bacon Ciabatta melt

奶酪和培根意式面包

Roast Chicken ciabatta 烤鸡意式面包 **26**

Smoked bacon, mozzarella, and avocado and tomato salsa, aioli

烟熏培根，意大利白干酪，牛油果，番茄沙拉，蒜泥蛋黄酱

Wraps 护腕

Lamb kofta wrap 羊肉卷 **25**

Tabbouleh, hummus, harissa, mint yoghurt

塔博嫩沙拉，鹰嘴豆泥，辣椒橄榄油酱（北非），薄荷味酸奶

Pulled pork wrap 猪肉卷 **25**

BBQ sauce

搭配烧烤调味汁

Grilled vegetable and feta wrap 蔬菜卷 **22**

Hummus, olives, chili sauce, Greek yoghurt

鹰嘴豆泥，橄榄，辣椒酱，希腊酸奶

Chicken tikka wrap 鸡肉卷 **25**

With tomato, red onion, yoghurt coriander

搭配西红安柿，红色洋葱，酸奶，香菜

Add Triple cooked potato wedges or Spicy Sweet potato fries for extra \$2

如果需要炸薯角或者酸辣土豆片，需要每份额外支付2美元

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Grill 烧烤类

Grilled reef fish 烤深海鱼	28
<i>Garden salad, roast fennel and cherry tomato</i> 田园沙拉, 烤茴香, 番茄	
Chargrilled Rump steak 烤尾龙扒 (牛臀部)	35
<i>Roast shallots, mushrooms and cherry tomato, French fries, watercress, aioli</i> 烤青葱, 蘑菇, 番茄, 薯条, 西洋菜, 蒜泥蛋黄酱	
Ribs and Wings 猪排骨和鸡翅	30
<i>BBQ pork ribs, spicy chicken wings, Asian slaw, French fries</i> 烤猪排骨, 辣味鸡翅, 亚洲沙拉, 薯条	

Pizza 披萨

BBQ pork 烧烤猪肉	25
<i>Sweet red onion, jalapenos</i> 甜味红色洋葱, 墨西哥辣椒	
Smoked ham 烟熏火腿	25
<i>Mushroom, roast shallots, garlic</i> 蘑菇, 烤青葱, 大蒜	
Tuna and chili 金枪鱼和辣椒	25
<i>Capers, red onion, rocket</i> 刺山柑, 红色洋葱, 芝麻菜	
4 cheese 4种奶酪	28
<i>Goats, blue, mozzarella, grana Padano</i> 山羊乳酪, 蓝芝士, 意大利白干酪, 哥瑞纳-帕达诺奶酪	
Chicken Tandoori 泥炉炭烧鸡	25
<i>Tomato, yoghurt, chili, coriander</i> 西红柿, 酸奶, 辣椒, 香菜	
Seafood 海鲜	30
<i>Shrimp, crab, squid</i> 钓虾, 螃蟹, 鱿鱼	
Meat feast 肉类什锦	28
<i>Chicken, ham, chorizo, pepperoni, bacon</i> 鸡肉, 火腿, 西班牙辣肠, 培根	
Margarita 玛格丽塔披萨	25
<i>Tomato sauce and mozzarella</i> 番茄切片- 水牛芝士	

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Pasta, Rice and Noodles 意面，米饭和面条

Mee goreng 印度炒面	26
<i>Wok fried egg noodle, chicken, bok choy and soy sauce</i> 鸡蛋炒面，鸡肉，白菜，酱油	
Pad Thai 泰式炒宽面	26
<i>Flat rice noodle, seafood, tamarind sauce, spring onion and peanuts</i> 扁形面条，海鲜，罗望子酱，小洋葱和花生	
Nasi Goreng 印尼炒饭	26
<i>Indonesian style fried rice, chicken satay, fried egg, prawn crackers</i> 印度尼西亚炒饭，鸡肉沙嗲，煎蛋，虾片	
Thai green chicken curry 泰式鸡肉绿咖喱	26
<i>Fragrant coconut curry, with lemongrass, lime, chili, garlic and ginger. Jasmine rice</i> 椰子咖喱，搭配柠檬草，青柠，辣椒，大蒜和生姜，香米	
Spaghetti bolognese 黄油酱汁意面	30
<i>Angus beef, tomato sauce with thyme, oregano and basil, shaved parmesan</i> 安格斯牛肉，番茄酱配百里香，牛至，罗勒，意大利干酪	
Seafood linguine 海鲜意面	30
<i>Regional seafood with in tomato sauce, garden herbs</i> 当地海鲜拌番茄酱，田园沙拉	
Penne Carbonara 意大利通心粉	28
<i>Smoked bacon, mushroom, cream sauce, parmesan cheese</i> 烟熏培根，蘑菇，奶油沙司，意大利干酪	

Sides 配菜

French Fries 薯条	6
Spicy Sweet potato fries 酸辣炸土豆	8
Triple cooked potato wedges 炸薯角	8
Asian slaw 亚洲沙拉	8

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Desserts 甜点

- Frozen Black Forest chocolate mousse 黑森林巧克力慕斯** 12
Milk, white and dark chocolate mousse, chocolate sponge, black cherries
牛奶, 黑、白巧克力慕斯, 巧克力海绵蛋糕, 白兰地, 黑樱桃
- Frozen Ice-cream sandwich 冰镇巧克力三明治** 10
Strawberry, mango and coconut ice cream, sandwiched between layers of vanilla sponge and chocolate brownie. Served with fresh berries
草莓, 芒果和椰子冰淇淋夹在香草味海绵蛋糕和巧克力布朗尼之间, 搭配新鲜浆果 (葡萄, 番茄等)
- Iced Rhubarb and strawberry cheesecake 草莓大黄芝士蛋糕 (美式甜点)** 12
Ginger biscuit, vanilla ice cream, strawberry coulis
姜汁饼干, 香草味冰淇淋, 草莓酱
- Banoffi pavlova 奶油水果蛋糕** 10
Bananas, toffee sauce, Chantilly cream, honeycomb ice cream, frosted peanuts,
香蕉, 太妃汁, 奶油, 冰淇淋, 花生, 薯角
- Konotta ice cream 岛上特制冰淇淋** 10
Fresh young island coconut filled house made ice creams and sorbet.
手工制作椰子味冰淇淋和冰糕 (选用岛上小椰子)

Please choose any 4 of these flavors 每人可以选以下的任何 4 种口味

Ice cream 冰淇淋

Vanilla 香草, Chocolate 巧克力, Strawberry 草莓, Mango 芒果, Coconut 椰子, Caramel 焦糖

Sorbet 冰糕

Mango 芒果, Raspberry 覆盆子, Coconut 椰子, Mint 薄荷, Passion fruit 百香果, Strawberry 草莓

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